

## ACSC Track and Field Championship Meet Records 2019

100M	Rachel Strange - MAC	13.4s	2015	Isaiah Yu - FA	11.6s	2019
200M	Rachel Strange - MAC	28.0s	2015	Isaiah Yu - FA	24.0s	2018
400M	Miya Ohms - MAC	01:07.2	2019	Ian Contival - MAC	53.2s	2018
800M	Isabella Lee - MAC	02:44.7	2015	Elijah Miller - FA	02:11.0	2019
1500M	Vicky Chou - MAC	05:43.9	2016	Grant Adams - GIS	04:43.4	2017
3000M	Isabella Lee - MAC	11:47.4	2015	Jack Cura - Dalat	10:25.8	2019
5000M	Linda Pang - YISS	21:03.0	2017	Grant Adams - GIS	18:17.3	2017
100/110H	Alyssa Tan - FA	17.6s	2016	Jared Johnston - MAC	16.5s	2018
400H	Deborah Lee - MAC	01:20.0	2016	Jared Johnston - MAC	01:01.3	2018
Med. Relay	Dalat	4:59.3	2019	MAC	03:57.3	2018
	L. Lee, A. Teoh, D. Koey, R. Allen			A. Webskowski, G. Roloff, I. Contival, J. Dingus		
400 Relay	MAC	55.4s	2019	MAC	46.7	2015
	A. Tsai, R. Tsai, M. Ohms, M. Dunn			A. Liu, J. Strange, Z. Janz, C. Chen		
1600 Relay	MAC	04:45.3	2015	MAC	03:45.5	2018
	N. Turner, I. Lee, M. McCrary, R. Strange			J. Johnston, A. Webskowski, G. Roloff, I. Contival		
Long Jump	Alyssa Tan - FA	4.85m	2016	James Cummings - MAC	6.21m	2019
Triple Jump	Alyssa Tan - FA	9.48m	2016	Elijah Graff - FA	12.10m	2016
High Jump	Miya Ohms - MAC	1.47m	2019	Gabe Roloff - MAC	1.81m	2018
Shot Put	Esther Kim - Dalat	9.58m	2019	Samson Dakuwaqa - YISS	12.28m	2017
Discus	Meeghan Sheppard - MAC	24.52m	2017	Samson Dakuwaqa - YISS	35.15m	2017
Javelin	Nicole Turner - MAC	29.09m	2015	Paul Wilkenson - FA	42.62m	2015
Hammer	Meeghan Sheppard - MAC	18.72m	2017	Matthias Schmidt - MAC	28.36m	2018 (12lb.)
Pole Vault	Abbi Dingus - MAC	2.10m	2016	Gavin Sheppard - MAC	30.02m	2019 (5kg)